

Hunger gains

Author: kp

Walking for hunger can be really satisfying. That's the feeling our team of National Grid participants came away with after this year's [49th Walk for Hunger & 5k Run](#) and held Sunday, May 8.

The team. Photo credit: Project Bread volunteer photographer Sabrina Gabriel

They came from different groups across our New England service area – 40 employees, family and friends in all. As he has for the past nine years, Project Management and Complex Construction's (PM&CC) Principal Program Manager **John Rondeau** led and organized the team of walkers. Since 2009, we've raised more than \$200,000, which includes nearly \$11,000 from this year's event.

31-year former employee, now retiree Anita Hagspiel 'stretches it out'

"From our 'veteran walkers' to so many new participants this year, I couldn't be prouder of our team and what we helped accomplish to support Project Bread. The organization does great work to provide education and support to students and school programs about nutrition, and providing assistance to food pantries and programs throughout the Commonwealth," said John.

Participants found the 20-mile walk a little tiring but mostly inspiring, and eye-opening:

"Working to feed children who don't have the food we always have in the house (and take for granted) really struck a nerve with my teenage daughter, who joined me. Our bodies were pushed, but we were inspired by so many people coming together for one common goal. And we already have plans to do it again next year." *Rose Weaver, Category Manager, Facilities Management*

“Walk for Hunger is such a great cause and gave me an opportunity to discuss with my kids how fortunate they are, and how they should find opportunities like this to give back when they can.” *Shauna Dozier, Contract Management Gas Construction Analyst*

“What a great cause! Some things are taken for granted by many of us – food being one of them.”

Fred Raymond, VP PM&CC

Besides the good feeling of doing good, two lucky employee participants also got to enjoy a Red Sox home game, courtesy of MA Jurisdiction President **Marcy Reed**. Congratulations to **Karen Herman Griffin** and **Xia Chafel**!

Strength in numbers – that’s Karen Herman Griffin and her family walking!

Read more about [Project Bread](#)

Date: 09-06-2017

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